

CONTINUING EDUCATION SERIES

Methodist College offers continuing education credit opportunities to nurses, social workers, counselors and K-12 teachers. All classes are open to professionals and community members.

Our mission is to improve the health of the people and communities we serve. Thank you for helping us change lives.

CARING FOR THE DEMENTIA PATIENT



**Wednesday, January 30
8:30 - 10 a.m.**

Shannon Abernathie, Nurse Manager for the Senior Behavioral Health Inpatient Unit at UnityPoint Health Proctor Hospital, will explain different kinds of dementia, how it affects the brain and how health care workers can provide the best care to reach better outcomes for a patient's quality of life.

Attendees will be introduced to the Allen Cognitive Levels of Functioning and will learn to identify key care approaches for each dementia stage to promote the highest level of functioning in ADLs, mobility and leisure activity.

Ms. Abernathie will also share strategies and tips to enhance communication, minimize negative behaviors and decrease restraints.

INSIDE EMOTIONAL ABUSE



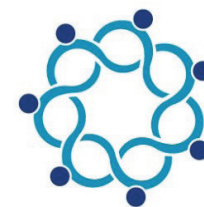
**Thursday, February 28
4 - 5:30 p.m.**

Fran Reyes, Director of Domestic Violence and Family Centered Services at the Center for Prevention of Abuse will share information about how emotional abuse is an often overlooked and hidden form of abuse. This session defines emotional abuse, describes many forms of abuse and explains the long-term and short-term effects on victims, loved ones and care providers.

Ms. Reyes will provide insight into the free and confidential services provided by the Center for Prevention of Abuse in Central Illinois and shed light on the mission to help all people – women, men and children – live free from violence and abuse.

INDIVIDUAL CLASS COST*: \$20 per class (for continuing education credit), \$15 per class (general community)

*Save \$5 if you register for both classes.



METHODIST COLLEGE
**WELLNESS
FORUM**

ADDICTION: STAYING CURRENT ON A COMPLEX MEDICAL DISEASE

Friday, April 26 | 8 - 4 p.m.

The Wellness Forum is a day-long continuing education event for health care professionals, educators and the general public. The forum features two keynote speakers and multiple breakout sessions focusing on identifying the signs of addiction, supporting treatment and understanding the complexities of addiction and recovery.

Kirk Moberg, MD, PhD, Executive Medical Director for the Illinois Institute for Addiction Recovery and a nationally recognized expert on addiction, will deliver the morning keynote address.



Robert Carty, LCSW, CADC, CCJP, will deliver the afternoon keynote address. Mr. Carty is the Director of Clinical Services at Chicago's Hazelden-Betty Ford Foundation and has 40 years of experience in the addiction treatment profession.



WELLNESS FORUM COST*:

Registration with 6 total CEUs - \$60

Community Member Registration (No CEUs) - \$50

Methodist College Student - \$25

Registration for the Wellness Forum opens February 4.

*The first 25 registrants will save \$5!

For more information or to register, visit methodistcol.edu/continuing-education.